



JAMES TOMKINS

Talent Profile





A three-time Olympic gold medalist and seven-time World champion, James is the most decorated rower in Australian history. He is one of only five Australians to have competed at six Olympic Games.

NATIONALITY

Australian

DATE OF BIRTH

8/19/65

TEAMS

Rowing Australia

CAPABILITIES

Keynote

Guest Panellist

Ambassador

Appearances

INTERESTS

Leadership

Family

Business

Health & Nutrition

Wellbeing

BIO

James began rowing at Carey Grammar in Melbourne, rising through the ranks to win national titles and earn international selection as stroke of the Men's Eight at the 1985 World Championships.

It was the first chapter in a glittering international career that included six Olympic Games (for three Gold & one Bronze medal), 11 World Championships (for seven world titles, including one in each of the five sweep oar events) and four World Cups (two titles).

James competed in three events: the Coxless four, men's eight and men's pair and is the only rower in history to win world titles in every sweep oar event.

Throughout the early 1990s James out-performed any competition he faced, winning an impressive 3 European titles, 2 world titles and an Olympic gold medal in Barcelona.

In 1998, the 'Oarsome Foursome' returned to international competition and rowed as a coxed four, winning gold at the World Championships in Cologne. At the same regatta, James teamed up with fellow crewmember Nick Green to win gold in the coxed pairs.



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“When you can do something well,
it’s almost your responsibility to see
how far you can take it.”

JAMES TOMKINS