



FREYA ANDERSON

Talent Profile



Freya is a rising star in the swimming world. Already an Olympic Champion and with an impressive medal haul achieved in 2022, she's set for a successful future in the sport.

NATIONALITY

British

DATE OF BIRTH

4/3/01

TEAMS

British Swimming
University of Bath
ISL London Roar

CAPABILITIES

Clinics
Ambassador
Social Media
PR Campaign
Appearances

INTERESTS

Health & Nutrition
Lifestyle
Wellbeing
Leadership
Family
Business

BIO

Freya was born and raised in Wirral with her parents and younger brother.

Following her passion for swimming, Freya began attending Ellesmere College aged 14 where she trained and competed with the Ellesmere College Titans.

When she's not in the pool Freya likes to get out and explore her local area, soaking up the history and culture of Bath. She's a big fan of the local restaurant scene and a keen cook and baker herself. Freya is a keen follower of fashion and beauty trends with a particular interest in make-up and trying new cosmetic products.

Freya is a Speedo International Ambassador.

SOCIAL MEDIA MARKERS

40K+

INSTAGRAM FOLLOWERS

4K+

TWITTER FOLLOWERS

CAREER HIGHLIGHTS

2022 Gold European Championships 4 x 100m free relay
2022 Gold European Championships 4 x 200m Mixed Freestyle Relay
2022 Silver European Championships 4 x 100m Mixed Freestyle Relay
2022 Silver European Championships 4 x 200m Freestyle Relay
2022 Silver European Championships 200m Freestyle
2022 Bronze European Championships 100m Freestyle
2022 Silver Commonwealth Games 4 x 100m Freestyle Relay
2022 Silver Commonwealth Games Mixed 4 x 100m Freestyle Relay
2022 Bronze Commonwealth Games 4 x 200m Freestyle Relay
2022 Bronze Commonwealth Games 4 x 100m Mixed Medley Relay
2021 Gold Olympic Games 4 x 100m Mixed Medley Relay
2021 Gold European Championships 4 x 100m Freestyle Relay
2021 Gold European Championships 4 x 200m Freestyle Relay
2021 Gold European Championships 4 x 100m Mixed Freestyle Relay
2021 Gold European Championships 4 x 200m Mixed Freestyle Relay
2021 Gold European Championships 4 x 100m Mixed Medley Relay
2019 Bronze World Championships 4 x 100m Mixed Medley Relay
2018 Bronze Commonwealth Games 4 x 100m Freestyle Relay
2018 Bronze Commonwealth Games 4 x 200m Freestyle Relay
2018 Gold European Championships 4 x 200m Freestyle Relay
2018 Gold European Championships 4 x 100m Mixed Medley Relay
2018 Bronze European Championships 4 x 100m Medley Relay
2018 Bronze European Championships 4 x 200m Mixed Freestyle Relay



To request more information about Freya Anderson, please contact us.
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Fora

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“You don’t rise to the occasion, you sink to the level of your training.”

FREYA ANDERSON